



“गृह प्रवेश - पूजा सामाग्रीहरु

A. Things from Nepali Puja Material Shop or Nepali Grocery Store

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| १ अबिर (Red Pigment Powder) | १२ सरसिउं (Yellow Mustard) |
| २ केशरी (Yellow Pigment Powder) | १३ कुश (Dried Holy Grass) |
| ३ सिन्दूर (Vermilion) | १४ जौ (Dried Barley) |
| ४ श्रीखण्ड (White Pigment Powder) | १५ कालो तिल (Black Sesame Seed) |
| ५ पञ्चपल्लव (Dried Mango Leaves) | १६ कपुर (Camphor) – 1 Packet |
| ६ सर्वौषधि (Sarwaushadhi) | १७ तुलसीपत्र (Dried Holy Basil Leaves) |
| ७ पञ्चरत्न (Pancharatna) | १८ जनै (Holy Thread) – 5 Pieces |
| ८ सप्तमृत्तिका (Saptamrittika) | १९ सुपारी (Dried Betel Nut) – 5 Pieces |
| ९ ५ वा ७ सुते कातेको बत्ती (Cotton Wick) | २० ल्वाङ, सुकमेल (Cloves, Cardamom) |
| १० अगरबत्ती (Incense Stick) | २१ रातो, सेतो कपडा (Red and White Cloth) |
| ११ रक्षा बन्धन (Coloured Sacred Thread) | २२ पहेंलो कपडा (Yellow Cloth) |

*Please look for the Puja Packet in nearby Nepali Puja Shop. The Puja Set should contain the above items.

B. Things from the Shopping Centre (eg: Woolworths, Nepali/Indian Grocery)

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| १ दुध (Milk) | ९ मिठ्ठाई (Sweets) |
| २ दही (Yoghurt) | १० सलाई (Match Box) |
| ३ घिउ (Ghee) | ११ टपरी वा प्लेट (Paper Plates) |
| ४ चिनी वा सख्खर (Sugar or Jaggery) | १२ दुना वा बबल (Paper Bowls) |
| ५ मह (Honey) | १३ चम्चा (Wooden Spoons) |
| ६ तोरिको वा तिलको तेल (Mustard/Sesame Oil) | १४ जिपलक (Sandwich Bag) |
| ७ चामल (2 Kg Rice grains) | १५ पानीवाला नरिवल (Watery Coconut) |
| ८ फलफुल (Fruits) | १६ आल्मोनियम ट्रे (Medium Aluminium Tray) |

C. Things from the Garden

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| १ फुल (Flowers) | ४ पिपलको पत्ता-५ ओटा (Min 5 Peepal Leaves) |
| २ दुबो (Holy Grass) | ५ पानको पत्ता-५ ओटा (Min 5 Betel Leaves) |
| ३ आंपको पत्ता-५ ओटा (Min. 5 Mango Leaves) | ६ तुलसी पत्ता (Tulasi Leaves) |

*If you are not able to source Peepal, Mango, Tulasi or Betel Leaves – do not worry, please source flowers.



D. Things at Home (Could also be bought from the Nepali Grocery Store)

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| १ दियो - १ (Diyo – 1 Pc) | ८ अर्घपात्र - १ (Surya Arghapatra – 1 Pc) |
| २ कलश - १ (Kalash – 5 Pcs) | ९ संख - १ (Conch – 1 Pc) |
| ३ पन्चपात्र - १ (Panchapatra – 1 Pc) | १० घण्टी - १ (Ghanti – 1 Pc) |
| ४ आचमनी - १ (Aachamani – 1 Pc) | ११ गणेश भगवानको मूर्ती - १ (Ganesh Statue - 1) |
| ५ पुजा थाली - १ (Puja Thali – 1 Pc) | १२ खुजुरा पैसा - (\$1, \$5 etc coins and notes) |
| ६ अगरबत्ती राख्ने भाँडो - १ (Agarbatti Stand – 1) | १३ आसन वा चकटी - ३ (Mats for Sitting - 3) |
| ७ कर्मपात्र - १ (Copper Bowl – 1 Pc) | |

**If the above puja utensils are not available in your house, you could use the plates, bowls etc purchased from the shopping centre.*

E. Things Required at the time of Griha Praves – Entering the house for the First Time

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| १ उखु - २ (Sugarcane Stem – 2 Pc) | ४ पञ्चकन्या (Kanya – 5 Numbers) |
| २ दही (Yoghurt in a pot) | ५ भगवानको फोटो वा मूर्तीहरु (God Photos/Idol) |
| ३ फलफुल (Fruits) | |

**Sugarcane stems could be purchased from selected veggie and fruit shops. If 5 kanya are not available, please try to get one kanya*

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